

LIFE
IS
HARD

GOD
IS
GOOD

The Shock of Suffering

There's a bigger plan
Your suffering is temporary
It's not God's fault

Lamentations 1:1(NIV): "How.....!"

Lamentations 1:13(NLT): "He has sent fire from heaven that burns in my bones."

Lamentations 1:15(GW): "The Lord trampled the people of Judah..."

Lamentations 2:2-5(CEV): "The Lord had no mercy! He was like a raging fire... He attacked like an enemy with a bow and arrows, killing our loved ones. The Lord was like an enemy! He left Israel in ruins with its palaces and fortresses destroyed, and with everyone in Judah moaning and weeping."

Lamentations 3:8, 10-17(CEV): "Even when I shouted and prayed for help, he refused to listen... God was like a bear or a lion waiting in ambush for me; he dragged me from the road, then tore me to shreds. God took careful aim and shot his arrows straight through my heart. I am a joke to everyone— no one ever stops making fun of me. God has turned my life sour. He made me eat gravel and rubbed me in the dirt. I cannot find peace or remember happiness."

Lamentations 3:43(EHV): "You covered yourself with anger and pursued us. You killed and did not spare."

Lamentations 5:20(NIV): "Why do you always forget us?"

Lamentations 5:21,22(CEV): "Bring us back to you! Give us a fresh start. Or do you despise(disgusted with us) us so much that you don't want us?"

Express your pain to God

Psalms 32:3(CJB): "When I kept silent, my bones wasted away..."