



### **Overflowing With Good**

- I. Ephesians 4:29 "Do not let any unwholesome talk come out of your mouths, but only what is useful for building others up according to their needs."
- II. Ephesians 4:29 (Gardening Version) "Do not let weeds and poisonous plants and nasty thorn bushes grow up in your garden, but only what is helpful for building others up according to their needs.
- III. Addressing the unhelpful, unhealthful words from our mouths means addressing the unhelpful, unhealthful things in our hearts.
- IV. Luke 6:43-45 "No good tree bears bad fruit, nor does a bad tree bear good fruit. **44** Each tree is recognized by its own fruit.
- V. Luke 6:44 People do not pick figs from thornbushes, or grapes from briars.
- VI. Luke 6:45 A good man brings good things out of the good stored up in his heart,
- VII. Luke 6:45 The evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.
- VIII. Ephesians 4:21-25 "...if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth."
- IX. Confess
- X. Ask for forgiveness
- XI. Allow God to fill you with good.