



## 01/07/2024 "Jumpstart Your Spirituality"

1. What stood out to you from this week's message? Why?
2. This is the week that New Year's resolutions rise or fall. Have you set any goals for the new year, and have you taken any steps to reach them?
3. Read Genesis 28:10-22. Jacob has this encounter and then makes a deal with God. What does this deal reveal about Jacob?
4. What level of trust does it take to make a vow like Jacob's? What could change in Jacob's vow to indicate a greater trust in God?
5. Throughout the bible, trust is measured by one's move from self-reliance to full reliance on God. What steps help you grow in your reliance (faith, trust) in God?
6. Spirituality is increased through the daily activity of following Jesus, "walking" is often the term or image the Hebrew Bible uses (Deuteronomy 5:33, 8:6; Psalm 128:1; cf. Colossians 1:10; Ephesians 5:8). How does this analogy help represent the process of spiritual growth?
7. Read Galatians 5:13-26. What does walking in the ways of God look like according to this passage? What stands out to you from these verses?
8. The ways of God do not magically appear, but are grown with each step as we intentionally follow Jesus. How have you seen this growth in your life? Or, if you're just starting your journey, where would like to see the most growth?
9. Following, or walking, in God's ways requires that we put Him first (Matthew 6:33). What steps do you need to take to more fully walk in God's ways?
10. Are there areas where you feel unclear about what God's way might be? What are they? How can you take a step to seek clarity?