



01/17/2021 "Avoid Negative Self Talk"

1. What resonated with you most from Sunday's message? Why?
2. Read Job 9:20. What do you think Job means when he says his mouth condemns him?
3. What things tend to speak negatively into your life?
4. Read 2 Corinthians 10:4-5. Why do you think this passage uses such strong language?
5. How do you take thoughts captive?
6. What does it mean to bring them into obedience to God?
7. How do you know when thoughts are not of God?
8. Pastor John stated that you need to "Teach your brain to choose God's view of you". Speaking honestly, how would you describe God's view of you?
9. Do you see a difference between how you know you should answer question 8 (the "correct" or biblical answer) and how you actually feel?
10. Galatians 3:26-27 says, "you are a child of God...clothed with Christ". What does this say about who you are?
11. How would accepting this statement change your understanding of yourself?
12. How do you need to respond to Sunday's message?