



# THE POWER OF WORDS

07/25/2021 "Overflowing with Good"

1. What stood out to you from Sunday's message? Why?
2. Which visual or metaphor was most helpful for you?
3. What is one thing you want to remember and respond to from this message?
4. Read Luke 6:43-45. What is this passage saying? Why is it important?
5. What is one way that you have rationalized unhelpful or unhealthful words?
6. Read Ephesians 4:17-29. What role does the heart have in this passage?
7. What instruction does Paul, the author of Ephesians, give when it comes to life change?
8. Paul is trying to remind you of who you truly are and to whom you truly belong. How does (or, should) this impact your heart and your words?
9. How do we recognize what does and does not belong in our hearts?
10. On a scale of 1-10, with 10 being the hardest, how hard is it to confess the evil that comes out of your mouth? Why? Or, when is it most difficult?
11. How can you focus intentionally on identifying and confessing the unhelpful and unhealthful words that you speak?
12. Can you identify a relationship where you need to ask forgiveness for your words? What would need to be said?
13. One key to transforming the heart is to actively fill it with good. What spiritual practice(s) can help fill your life with the goodness of God?