

What's up with All the Rules? Oh, The Places You'll Go

Ephesians 4:17-24: So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. 18 They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. 19 Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed. 20 That, however, is not the way of life you learned 21 when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. 22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

Ephesians 4:25: "Put off falsehood and speak truthfully..."

Ephesians 4:26: "In your anger do not sin..."

Ephesians 4:28: "Work...to share with those in need..."

Ephesians 4:29: No "unwholesome talk...only what is helpful for building others up..."

Ephesians 4:31: "Get rid of all bitterness..."

Ephesians 4:32: "Be kind and compassionate...forgiving each other..."

Ephesians 5:3: "Not even a hint of sexual immorality...or greed..."

Ephesians 5:8-11: "Live as children of light..." Expose "deeds of darkness..." Ephesians 5:18: "Do not get drunk on wine...instead be filled with the Spirit..."

Ephesians 5:19-20: "Sing...to the Lord...always giving thanks...for everything..."

Ephesians 4:25: Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body.

Ephesians 4:29: Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Ephesians 5:1-2: Follow God's example, therefore, as dearly loved children 2 and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.