



Better Fun

Psalm 37:1-4 (NASB): Do not get upset because of evildoers, Do not be envious of wrongdoers.
² For they will wither quickly like the grass, And decay like the green plants.³ Trust in the Lord and do good; Live in the land and cultivate faithfulness.⁴ Delight yourself in the Lord; And He will give you the desires of your heart.

Genesis 1:28-30 (NIV): ²⁸ God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground." ²⁹ Then God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food. ³⁰ And to all the beasts of the earth and all the birds in the sky and all the creatures that move along the ground—everything that has the breath of life in it—I give every green plant for food." And it was so.

Genesis 2:4 (NIV): This is the account of the heavens and the earth when they were created, when the Lord God made the earth and the heavens.

Genesis 2:15-17 (NIV): The Lord God took the man and put him in the Garden of Eden to work it and take care of it. ¹⁶ And the Lord God commanded the man, "You are free to eat from any tree in the garden; ¹⁷ but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die."

Psalm 37:3 (NASB): ³ Trust in the Lord and do good; Live in the land and cultivate faithfulness.

Psalm 37:1 (NASB): Do not get upset because of evildoers, Do not be envious of wrongdoers.

Matthew 6:25-35 (NIV): ²⁵ "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life[?] ²⁸ "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

John 6:35 (NIV): ³⁵ Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

Spiritual Disciplines: Active rebellion against my bent toward discontentment.

"I do not need that."

It is not the best fun that leads to contentment, it's the highest levels of contentment that lead to the best fun.