



Rooted in Love

Is it possible to care deeply...
without carrying everything?

Ephesians 3:14-19(NIV): For this reason, I kneel before the Father, 15 from whom every family in heaven and on earth derives its name. 16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, 17 so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, 18 may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, 19 and to know this love that surpasses knowledge, that you may be filled to the measure of all the fullness of God."

Faith / emunah

"placing your weight onto something strong enough to hold you"

Luke 10:38-42(ESV): "Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. 39 And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. 40 But Martha was distracted with much serving. And she went up to him and said, 'Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.' 41 But the Lord answered her, 'Martha, Martha, you are anxious and troubled about many things, 42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.'"

The issue is not:

Mary OR Martha

The issue is:

ORDER

Mary before Martha

Martha isn't wrong...

she's overwhelmed.

“One thing is necessary.”

THE PRACTICE

NOTICE

What am I carrying right now?

NAME

This is what I'm carrying.

RELEASE

Release the fear that says: everything depends on you.

REPLACE

An anxious mind replays.

A rooted heart replaces.

You don't empty your mind.

You retrain your attention.

“To know the love of Christ that surpasses knowledge...”

Mary sat at the feet of Jesus.

Today, we experience the presence of Jesus through a community shaped by His character.

“That's not yours to carry.”

Grace Community Church

A community rooted in love

Because when you are rooted in love...

you can care deeply... without carrying everything.

All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.