



06/26/2022 "The Importance of Prayer"

1. What stood out to you from this week's message? Why?
2. Has your faith been impacted by the Psalms? If so, how?
3. Do you have a favorite Psalm? What is it and why?
4. When you think about someone who has a relationship with God, what does that look like?
5. When facing pain and trouble, why do you think some people turn to God in prayer while others turn from God? Which one do you find easier to do?
6. Read Psalm 10. How might this psalm help you connect with God during the hard times in life?
7. Is there anything in the Psalm that makes you feel uneasy or challenges you? What is it and why?
8. Read Matthew 26:36-46. What do you notice about Jesus' prayer? What does he do?
9. How do you see the themes of turn, complain, ask and trust repeated in Jesus' prayer?
10. Psalm 10 and Matthew 26 present honest, heart-felt prayers. Does this approach to prayer come naturally or is it unnatural? Do you feel comfortable or have a sense of discomfort when complaining honestly to God? Why do you think that is?
11. What was your experience of walking through these steps when Pastor Derek provided the opportunity in service?
12. What area of your life do you need to take a Psalm 10 approach to prayer with right now? What do you need to focus your prayers on?