



Overcoming Disappointment

John 12:12–16: ¹² The next day the great crowd that had come for the festival heard that Jesus was on his way to Jerusalem. ¹³ They took palm branches and went out to meet him, shouting, “Hosanna!” “Blessed is he who comes in the name of the Lord!” “Blessed is the king of Israel!”¹⁴ Jesus found a young donkey and sat on it, as it is written: ¹⁵ “Do not be afraid, Daughter Zion; see, your king is coming, seated on a donkey’s colt.” (Zechariah) ¹⁶ At first his disciples did not understand all this. Only after Jesus was glorified did they realize that these things had been written about him and that these things had been done to him.

“Do we celebrate Jesus for who He is... or for what He gives us?”

Proverbs 13:12: “Hope deferred makes the heart sick, but a desire fulfilled is a tree of life.”

Psalms 34:18: “The Lord is close to the brokenhearted and saves those who are crushed in spirit.”

Psalms 147:3: “He heals the brokenhearted and binds up their wounds.” Psalms 13:1–2 “How long, Lord? Will you forget me forever? How long will you hide your face from me? How long must I wrestle with my thoughts and day after day have sorrow in my heart?”

Psalms 22:1 “My God, my God, why have you forsaken me? Why are you so far from saving me, so far from my cries of anguish?”

Psalms 62:8: “Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.”

Deuteronomy 31:8: “The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.”

Romans 5:3–5: “We also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope...”

Mark 8:31: “The Son of Man must suffer many things... be rejected... be killed and after three days rise again.”

Step 1

Get real with yourself. How are you actually doing?

Step 2

Get real with God. Tell Him the hard thing.

Hebrews 4:13: “Nothing in all creation is hidden from God’s sight. Everything is uncovered and laid bare before the eyes of him...”

All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.