



## Numb Little Bug

“Do you ever get a little bit tired of life? Like you’re not really happy but you don’t want to die?” Em Beihold

John 3:1, 2(NIV): "Now there was a Pharisee, a man named Nicodemus who was a member of the Jewish ruling council. He came to Jesus at night..."

John 3:7(NIV): You(plural) must be born again (born from above)..."

John 3:14-16(NIV): Just as Moses lifted up the snake in the wilderness, so the Son of Man must be lifted up(exalted) that everyone who believes may have eternal life in him. For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

Numbers 21:5, 6(NLT): "...they began to speak against God and Moses. 'Why have you brought us out of Egypt to die here in the wilderness?' They complained. 'There is nothing to eat here and nothing to drink. And we hate this horrible manna!' So the Lord sent poisonous snakes among the people, and many were bitten and died."

Wilderness

Manna(what is it?)

Water supply

\*\*\*Poisonous snakes\*\*\*

Deuteronomy 8:14, 17, 18(NIV): "...then your heart will become proud and you will forget the Lord your God.....You may say to yourself, 'My power and the strength of my hands have produced this wealth for me.' But remember the Lord your God..."

Awe shrinks your ego.

Awe grows your compassion.

Awe pulls you toward others.

“We are wired for connection. It’s what gives purpose and meaning to our lives.” Brene' Brown

1 Corinthians 12:21(NIV): "The eye cannot say to the hand, 'I don’t need you!'"

CTA----- Don’t carry it alone.

*All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.*