



The Persistent Widow

*Note: All verses are from **Luke 18** in the New International Version (NIV)*

1 Then Jesus told his disciples a parable to show them that they should always pray and not give up.

Benefits of Prayer

Better Mental Health

Better Coping and Emotional Regulation

Better Overall Well-being

Source: Dr. Harold Koenig, Duke University

2 He said: "In a certain town there was a judge who neither feared God nor cared what people thought. 3 And there was a widow in that town who kept coming to him with the plea, 'Grant me justice against my adversary.' 4 "For some time he refused.

4 But finally he said to himself, 'Even though I don't fear God or care what people think, 5 yet because this widow keeps bothering me, I will see that she gets justice, so that she won't eventually come and attack me!'"

6 And the Lord said, "Listen to what the unjust judge says. 7 And will not God bring about justice for his chosen ones, who cry out to him day and night? Will he keep putting them off?

8 I tell you, he will see that they get justice, and quickly.

However, when the Son of Man comes, will he find faith on the earth?"

All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.