



August 4, 2019
Discussion Questions

1. What resonated with you most from Sunday's message? Why?
2. Read Colossians 3:1-14. What is most challenging or helpful in this passage?
3. What knowledge does Paul say creates change?
4. What do you think it means to have "Christ as your life"? How could this impact your understanding of self and the path you are on?
5. When have you pursued something over the long haul, rather than expecting perfection from the start?
6. What are some good, or bad, habits that you have? How have you seen these small habits help or hurt your goals?
7. What things have you done to try to build positive habits? Why or why did they not work?
8. What role does perspective or identity have in our habits?
9. Looking at Colossians 3:12-14 what is the one trait that you selected to focus on this week?
10. How often have you remembered to say a short daily prayer? Renew your commitment this week: "Lord, help me wear _____."