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## INTRODUCTION

Jesus' most famous sermon (Matthew 5-7) highlights the extreme call to faith that transforms your entire life. However, "The Good Life" does not come through greater efforts but an acknowledgement of being "poor in spirit".

## REFLECTION QUESTIONS

1. What makes a sermon memorable or impactful?
2. What happens when a message or teaching becomes familiar?  
  
Read Matthew 5
3. John highlighted the statement "You have heard it said" in Matthew 5:21, 27, 31, 33, 38 and 43. How is this statement supposed to impact Jesus' audience?
4. First century Judaism held a high view of the Law of Moses (Genesis-Deuteronomy). How does Jesus' teaching impact this law?
5. Is there a difference between the letter of the law and the spirit of the law?
6. Does Jesus' interpretation of the law make it harder or easier to please God?
7. How does being "poor in spirit" serve as the essential element to "The Good Life"?
8. What does "poor in spirit" look like?

## MOVING FORWARD

"Poor in spirit" results from a realization of own limitations when compared with what a holy God requires. What things in your life do you feel deserve God's attention and blessing? This week, focus your prayers on God's gift of grace in light of our failure to meet the challenge of Matthew 5.