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INTRODUCTION

The popularity of the book series and subsequent movie, “Fifty Shades of Grey”, highlight again the reality that sex sells. Since the sexual revolution of the 60s, American society has become increasingly sexual in its identity.

DISCUSSION QUESTIONS

1. What aspects of this past week’s message were most surprising?
2. Were any points particularly helpful or clarifying?
3. Kinsey, the Father of the Sexual Revolution, argued that the body was meant for sex and therefore to restrain the body would be to incite negative psychological consequences. Is it common to think that sexual restraint is negative?
4. Since the 60s, it has become more acceptable to build one’s identity on sexuality. What are the strengths and weaknesses to this identity?
5. Women – John mentioned the five longings in a woman’s heart—1) to escape reality; 2) to be cherished by a man; 3) to be protected; 4) to rescue a man; and, 5) be sexually alive—do you see these longings present in the women you know?
6. Men – John stated that men are wired with the desire to pursue, provide and protect. Do you see these as critical to having a thriving relationship?
7. How can these passions and desires be used in a way that honors God and provides the healthiest template for relationships?

MOVING FORWARD

Romans 12:2 says: “Do not conform to the pattern of this world but be transformed by the renewing of your mind.” Knowing that your brain is pliable until death (Neuroplasticity), name some spiritual and practical things you can do to help reorient your mind.