



02/01/2015

INTRODUCTION

This week's message brought together two common pursuits: purpose and "The Good Life". Both of these are highly connected, and discovering one will lead to the other. However, the connection between the two may seem paradoxical.

DISCUSSION QUESTIONS

1. What aspect of Sunday's message challenged you most?
2. Have your assumptions about "The Good Life" changed in any way in the first two weeks of this series? How?

Read Matthew 5:13-16

3. What similarities exist between the salt and the light mentioned in this passage?
4. How does this passage speak about the purpose each of these has?
5. Who are the intended beneficiaries of the salt and light? How do they benefit?
6. Greek grammar indicates added stress on the direct address "you" in verses 13 and 14. What is your initial reaction to being called salt and light?
7. This passage emphasizes the outward focus of salt and light to the world. How does this impact your understanding of "The Good Life"?
8. What things keep you from pouring your life out for others—focusing externally?

MOVING FORWARD

Salt does not serve as the main focus of a dish; similarly, defining "The Good Life" as personal contentment misses the point. Paradoxically, the good life cannot be found unless it is focused outwards. This week, pray that God would give you the strength to serve those you encounter on a daily basis.