

## The Importance of Grief

Living with loss requires a deep and sustained communent to hope.
Hope requires
Romans 8:24-25: "For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what he already has? But if we hope for what we do not yet have, we wait for it patiently."
Hope requires
Lamentations 2:19: "Arise, cry out in the night: in the beginning of the watches pour out thine heart like water before the face of the Lord"
Hope requires
Psalm 23: "Though I walk through the valley of the shadow of death, I fear no evil."
Hope requires
Deremiah 29:11: "For I know the plans I have for you. Plans to prosper you and not harm you, plans to give you hope and a future." $^{\prime\prime}$
Psalm 89:48: "What man can live and not see death, or save himself from the nower of th

grave?"