



Our Constant Cravings

BBO- Bigger Better Offer

Anxiety
Depression
Worry
Fear
Stress
Chaos
Insomnia
Undiagnosed ADD
Angry
Agitated
Miserable
Empty
Meaningless life

Esther 3:2: "All the royal officials at the king's gate knelt down and paid honor to Haman, for the king had commanded this concerning him. But Mordecai would not kneel down or pay him honor."

Esther 7:5,6: "'Who is he? Where is he—the man who has dared to do such a thing?' Esther said, 'An adversary and enemy! This vile Haman!'"

Genesis 3:11: "And he said, 'Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?'"

Bad Brain Food

Constant noise
Social media
Video games
Porn
No limits-YOU do YOU
Quick fix
Unwillingness to Listen or Learn
Violent movies
Contentious conversations

Ezekiel 3:3(NIV): "...eat this scroll I am giving you and fill your stomach with it."

Matthew 4:4(NIV): "...but on every word that comes from the mouth of God."

Upgrade Your Cravings

All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.