



Freedom Has a Sound: When God breaks the cycle, freedom starts to sin.

Celebration cements change

Judges 5:2(NRSVA): "When locks are long in Israel, when the people offer themselves willingly— bless the Lord!"

Judges 5:24-31(ERV): Jael was the wife of Heber the Kenite. She will be blessed above all women.
²⁵ Sisera asked for water. Jael gave him milk. In a bowl fit for a ruler, she brought him cream. ²⁶ Then Jael reached out and took a tent peg. Her right hand reached for a workman's hammer. She put the peg against the side of Sisera's head and hit it with the hammer. ²⁷ He sank down between Jael's feet. He fell, and there he lay. He sank down between her feet. He fell there. Where Sisera sank, he fell, and there he lay, dead! ²⁸ "There is Sisera's mother, looking out the window, looking through the curtains and crying. 'Why is Sisera's chariot so late? Why can't I hear his wagons?' ²⁹ "Her wisest servant girl answers her. Yes, the servant gives her an answer: ³⁰ 'I'm sure they won the war, and they are now taking things from the people they defeated. They are dividing those things among themselves. Each soldier is taking a girl or two. Maybe Sisera found a piece of dyed cloth. That's it! Sisera found a piece of fancy cloth, or maybe two, to wear around his neck in victory.' ³¹ 'May all your enemies die like this, Lord! But may all those who love you be as strong as the rising sun!' And there was peace in the land for 40 years."

Judges 5 celebrates the downfall of the ideas that destroy us, not the people who hold them.

Proverbs 11:10(NLT): "The whole city celebrates when the godly succeed..."

When God can't find a man, He'll settle for a woman

- Shiprah & Puah defy Pharaoh and protect life.
- Jochebed builds a tiny ark and chooses hope over fear.
- Miriam stands watch and later leads Israel in song.
- Pharaoh's own daughter—the *enemy's* daughter—rescues and names the deliverer.

Redemption in the Bible begins with women.

Judges 5:12(ESV): "Awake, awake, Deborah! Awake, awake, break out in a song!"

Ephesians 5:14(ESV): "Awake, O sleeper, and arise from the dead, and Christ will shine on you."

Dopamine marks a moment: 'Do that again.' It moves behavior from effort to identity.

Celebrate Alignment

All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.