



## Better Life

Better Fun  
Better Resilience  
Better Health  
Better Sleep  
Better Boundaries  
Better Friendships  
Better Finances

John 6:14 NLT: When the people saw him do this miraculous sign, they exclaimed, "Surely, he is the Prophet we have been expecting!"

John 6:26-31 NLT: Jesus replied, "I tell you the truth, you want to be with me because I fed you, not because you understood the miraculous signs." <sup>27</sup> But don't be so concerned about perishable things like food. Spend your energy seeking the eternal life that the Son of Man can give you. For God the Father has given me the seal of his approval." <sup>28</sup> They replied, "We want to perform God's works, too. What should we do?" <sup>29</sup> Jesus told them, "This is the only work God wants from you: Believe in the one he has sent." <sup>30</sup> They answered, "Show us a miraculous sign if you want us to believe in you. What can you do?" <sup>31</sup> After all, our ancestors ate manna while they journeyed through the wilderness! The Scriptures say, 'Moses gave them bread from heaven to eat.'"

John 6:35-36 NLT: Jesus replied, "I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty." <sup>36</sup> But you haven't believed in me even though you have seen me.

John 7:14-17 NIV: Not until halfway through the festival did Jesus go up to the temple courts and begin to teach. <sup>15</sup> The Jews there were amazed and asked, "How did this man get such learning without having been taught?" <sup>16</sup> Jesus answered, "My teaching is not my own. It comes from the one who sent me. <sup>17</sup> Anyone who chooses to do the will of God will find out whether my teaching comes from God or whether I speak on my own.

John 7:37-39 NLT: On the last and greatest day of the festival, Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink." <sup>38</sup> Whoever believes in me, as Scripture has said, rivers of living water will flow from within them." <sup>39</sup> By this he meant the Spirit, whom those who believed in him were later to receive.

John 6:47-51 NLT: "I tell you the truth, anyone who believes has eternal life." <sup>48</sup> Yes, I am the bread of life! <sup>49</sup> Your ancestors ate manna in the wilderness, but they all died. <sup>50</sup> Anyone who eats the bread from heaven, however, will never die. <sup>51</sup> I am the living bread that came down from heaven. Anyone who eats this bread will live forever; and this bread, which I will offer so the world may live, is my flesh."

John 6:53-56 NLT: Jesus said again, "I tell you the truth, unless you eat the flesh of the Son of Man and drink his blood, you cannot have eternal life within you." <sup>54</sup> But anyone who eats my flesh and drinks my blood has eternal life, and I will raise that person at the last day. <sup>55</sup> For my flesh is true food, and my blood is true drink. <sup>56</sup> Anyone who eats my flesh and drinks my blood remains in me, and I in him.

*All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.*