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## Why We Suffer

2 Chronicles 32:2-4: "When Hezekiah saw that Sennacherib had come and that he intended to wage war against Jerusalem, he consulted with his officials and military staff about blocking off the water from the springs outside the city, and they helped him. They gathered a large group of people who blocked all the springs and the stream that flowed through the land. 'Why should the kings of Assyria come and find plenty of water?' they said."

2 Kings 18:27: "But the commander replied, 'Was it only to your master and you that my master sent me to say these things, and not to the people sitting on the wall—who, like you, will have to eat their own excrement and drink their own urine?'"

2 Kings 19:1: "When King Hezekiah heard this, he tore his clothes and put on sackcloth and went into the temple of the Lord."

Isaiah 39:5-8: "Then Isaiah said to Hezekiah, 'Hear the word of the Lord Almighty: The time will surely come when everything in your palace, and all that your predecessors have stored up until this day, will be carried off to Babylon. Nothing will be left, says the Lord. And some of your descendants, your own flesh and blood who will be born to you, will be taken away, and they will become eunuchs in the palace of the king of Babylon.' 'The word of the Lord you have spoken is good,' Hezekiah replied. For he thought, 'There will be peace and security in my lifetime.'"

Matthew 2:1-2: "After Jesus was born in Bethlehem in Judea, during the time of King Herod, Magi from the east came to Jerusalem and asked, 'Where is the one who has been born king of the Jews? We saw his star when it rose and have come to worship him.'"

### **Resource List**

The Denial of Death by Ernest Becker

Escape from Evil by Ernest Becker

The Prodigal God by Tim Keller

The Body Keeps the Score by Bessel van der Kolk

The Myth of Normal by Gabor Mate

What Happened to You by Bruce Perry and Oprah Winfrey

Lamentations by Yael Ziegler

Lamentations by Adele Berlin

"As Jung put it, the shadow becomes a dark thing in one's own psyche, 'an inferiority which none the less really exists even though only dimly suspected.' The person wants to get away from this inferiority, naturally; he wants to 'jump over his own shadow.' The most direct way of doing this is by 'looking for everything dark, inferior, and culpable in others... the principal and indeed the only thing that is wrong with the world is man.'" Ernest Becker

Ecclesiastes 7:20: "Indeed, there is no one on earth who is righteous, no one who does what is right and never sins."

1 John 1:8: "If we claim to be without sin, we deceive ourselves and the truth is not in us."

James 2:10(ERV): "You might follow all of God's law. But if you fail to obey only one command, you are guilty of breaking all the commands in that law."

John 14:6: "I am the way and the truth and the life."