



Who Are You

John 1:12, 13(ESV): "But to all who did receive him, who believed in his name, he gave the right to become children of God, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God."

"I had no idea who I was without the roles I played. When those fell apart, I was left staring at myself."

"Football is what I do — not who I am."

"You better know who you are before anything happens to you."

"The most effective way to change behavior is to change identity."

ROCKSTARS
SUPER BOWL CHAMPIONS
BESTSELLING AUTHORS
NEUROSCIENTISTS
PSYCHOLOGISTS
PHILOSOPHERS

Different worlds. Same question.
slide)

WHO AM I

The Cost of Getting It Backwards

Fear drives you

- Anxiety follows you
- Shame shapes you
- People rate you
- God supervises you
- Rest escapes you

When behavior comes first... You try harder and feel worse.

The Freedom of Getting It Right

When identity comes first...

- Love secures you
- Peace centers you
- Grace grows you
- People connect with you
- God is near to you
- Rest renews you

When you know who you are, life stops feeling like a test.

You don't act to become God's child. You act because you already are.

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Acts 17:29(CEV): "Since we are God's children..."

Malachi 2:10(NLT): Are we not all children of the same Father? Are we not all created by the same God? Then why do we betray each other, violating the covenant of our ancestors?"

Psalms 24:1(NLT): The earth is the Lord's, and everything in it. The world and all its people belong to him."

Exodus 4:22, 23(ESV): "Then you shall say to Pharaoh, 'Thus says the Lord, Israel is my firstborn son, and I say to you, 'Let my son go...'"

THE SENTENCE SHAPING YOUR LIFE:

I AM _____

All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.