

JUST JESUS

Shawshank Redemption

"Above all you shall keep my Sabbaths" Exodus 31:13(ESV)

Luke 6:6-11(ESV): "On another Sabbath, he entered the synagogue and was teaching, and a man was there whose right hand was withered. ⁷ And the scribes and the Pharisees watched him, to see whether he would heal on the Sabbath, so that they might find a reason to accuse him. ⁸ But he knew their thoughts, and he said to the man with the withered hand, 'Come and stand here.' And he rose and stood there. ⁹ And Jesus said to them, 'I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?' ¹⁰ And after looking around at them all he said to him, 'Stretch out your hand.' And he did so, and his hand was restored. ¹¹ But they were filled with fury and discussed with one another what they might do to Jesus."

"Every seventh day a miracle comes to pass" Abraham Joshua Heschel

"The Sabbath itself is a sanctuary which we build, a sanctuary in time." Abraham Joshua Heschel

A day of doing good
A way of doing good

Law tempered by love
Justice governed by compassion
Truth spoken in grace

Ecclesiastes 3:12(VOICE): "...there is nothing better for us than to be joyful and to do good..."

Isaiah 1:17(ESV): "...learn to do good."

2 Thessalonian 3:13: "...never get tired of doing good."

Luke 6:27(ESV): "Love your enemies, do good to those who hate you."

Luke 6:38(ERV): "Give to others, and you will receive. You will be given much. It will be poured into your hands—more than you can hold. You will be given so much that it will spill into your lap. The way you give to others is the way God will give to you."

"There are few ideas in the world of thought which contain so much spiritual power as the idea of the Sabbath. Abraham Joshua Heschel

"...coercive force is a more likely path to powerlessness than to gains in power." Dacher Keltner

"Power Is About Making a Difference in the World" Dacher Keltner

"Thus, the heavens and the earth were finished, and all the host of them. ² And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done.³ So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation. ⁴ These are the generations of the heavens and the earth when they were created, in the day that the Lord God made the earth and the heavens." Genesis 2:1-4(ESV)

Exodus 31:17(ESV): "It is a sign forever between me and the people of Israel that in six days the Lord made heaven and earth, and on the seventh day he rested and was refreshed."

Psalms 37:3(ESV): "Trust in the Lord, and do good..."