

# Who Are You?

Finding the true you.



## 03/08/2020 "Posture Shift"

1. When you get sick, do you want to be left alone or have company? What do you do for comfort or relief?
2. What was the most compelling or challenging part of Sunday's message? Why?
3. Read John 4:43-54 aloud as a group. What do you discover about Jesus from this passage?
4. Why is it so shocking that this royal official would come to Jesus for help?
5. This miracle happens in the least likely place to the least likely person. What does that tell us about God?
6. Why do you think Jesus comments on the faith of the people but still heals the royal official's son?
7. Of the three actions of the official—begged, persisted, believed—which one resonates most? Why?
8. Derek talked about having the right posture. What did he mean by this?
9. Mike shared the story of his posture shift. Have you ever experienced a posture shift? What prompted it or how did it happen?
10. Faith takes on new life when there is a posture shift. Take a look at 1 Samuel 16:7. What types of things do you think God is looking for?
11. How do we know what's in our heart? (Consider Matthew 15:18-19, Proverbs 4:23)
12. Is there an area in your heart where a posture change will create positive momentum in your life or in your faith? Where is that?

As a group, pray for that area of your heart that needs a posture shift.