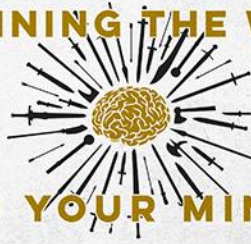


WINNING THE WAR



IN YOUR MIND

07/04/2021 "Find Peace"

1. What stood out to you most from Sunday's message? Why?
2. Read Philippians 4:4-9. What are Paul's main points or instructions in this passage?
3. Why is it important to come to God not just with requests but with thankfulness?
4. How can giving thanks help combat stressful and anxious situations?
5. Paul seems to be suggesting that when your thoughts are spiritually sound, your circumstances will stop stealing your joy. How have you experienced this in your life?
6. Why do you think your thoughts are so important when it comes to following Jesus?
7. What comes to mind when you hear the phrase "Give it to God"?
8. Why can it often be easy to pray but hard to let go?
9. Pastor Derek mentioned a "God box". What was the purpose of that activity?
10. What does it look like to let something go? What does letting go *not* mean?
11. Reflecting back over this four-week series, "Winning the War in Your Mind", what has been most helpful?
12. How have you seen God working in your thoughts over the past couple of weeks?
13. Can you think of one truth that you have identified through this series that you plan to continue focusing on?